

RACE OF WARRIORS

Whew! That was tiring after racing all morning! And here's my reflection.

OUR UNITS CENTRAL IDEA:

Teams can adopt a variety of strategies to solve problems and support human progress.

In this unit ADVENTURE CHALLENGE, we had the race of warriors, physical literal week and lots of things going on. The Race of warriors, 5H were split into 4 groups to complete against other classes. My group arranged who's doing which activities by my group's strength and weaknesses and trained using the power-point that Mr. David gave us to find out a variety of strategies.

For the physical literal week, our goal is to GET the ES MOVIN! 😊 And to make the ES healthier by moving. To use fun and useful games, darbee.com, relays, and all kinds of ways to get the ES physical literal. My team and I (5H-B) brainstormed all kinds of different ways to make a fun and interesting game to get the elementary school moving and we finally came up with an idea... BALANCE CATERPILLAR & DODGEBALL! When I found out that our customers were the G1s, I thought they were pretty easy to handle, but boy was I wrong! It was chaos! They were running over all the barriers, stomping on the cones, picking up the hula-hoops, hitting each other with balls... But we managed to get them to listen and started our game.

I think this unit really effects our life because, a lot of people die of obesity or not getting the exercise they need every day. Also, as the central idea said someday in our life we're going to bump into adversities and challenges that we'll have to face, you would need to find different strategies and different ways to solve your problem and solving this problem might affect on your health, money and it will support yours and maybe other's human progress.

I think the Learner Profiles for this unit are, Communicator, Balanced, and knowledgeable

I think communicator is important because we have to communicate in our group to find each other's strength and weaknesses, plan for the physical literal week, the race of warriors and listening to feedbacks.

Balance: we have to balance out how much and long we move and exercise with how much we're eating in order to stay healthy and it will support your human progress. Knowledgeable: We have to look at the power-point to have knowledge to train for the Race of warriors. Also to have knowledge when we're doing our game.

And Last, I want to thank Mr. David for creating the power-point arranging the Race of Warriors, the physical literal week, arranging games to get us warmed up, your feedbacks on our games... and everything you've done! And I also want to thank Mr. Jared for helping us set up and being there for us! Thank You!

And Now...

Let's start moving and train for TRACK AND FIELD!

Special thanks to my teammates and teachers for making this happen.