

PE Summative Assessment



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Describe what you do for your final challenge?

1. I had helped to take the picture of the final challenges, make sure my group do it in the right order.

2. I need to remind everyone in my group to run together in the team sprint, especially Isaac.

3. I had followed my team's plan and make sure that I do everything on task, like the challenge "ambulance" I need to help my team to pick Apple up.

4. I also need to be able to work well with my team, because in the game "cross the river" I was at the back of the line I need to have a good balance that I won't fall out of the hula hoops. I also needs to be fast to give the hula hoops to the person in front.

5. I also needs to think very quickly in the challenge "word jumble", because my team needs to catch up quickly.

Who was in my group?

There were 5 people in my group: Me, Apple, Isaac, Sherrow and Lily. They were the teammates that I had in the final challenge. They were always helping me whenever I needed them.

What was each person's responsibility in the group?



Me: I need to know what do we do next, I need to keep on checking my iPad and see if my team goes the right way.

Apple: She needs to be a good leader in the challenge "cross the river".

Isaac: Make sure that he don't cheat especially the challenge "ropes".

Lily: She needs to help the team to get the earth bags back when her teammates throw it out in the challenge "blind throw".

Sherrow: She needs to use her feet to put the bowling ball down to the ground at last, it was the challenge "foot passing".

How did you apply the central idea to your final challenge?

Solving team problems requires trust, communication and open mind.

When there were a problem in our team of course we will Communicate with each other so that we can solve this problem, we also needs to open our mind to understand what is the problem. Then we'll need to trust our teammates to follow the plan to solve the problem, or else the problem will come again.

How can the skills you have learned in this unit be used out of PE and school?

Communication

When you know how to communicate with other people you'll get more friends.

Trust

You always need to trust people when you are in a team, you need to trust them that they will do their best.

Open mind

If you want to trust people, then you'll need to understand others by being open minded.



The End

Thank you for reading!