







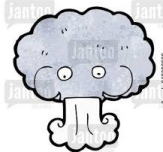





Activity	How did your heart feel?	How did your muscles feel?	How did your lungs feel?
<i>Stuck in the Mud</i>			
<i>Dead Ants</i>			
<i>Pac-Man</i>			

Choices					
Heart		Muscles		Lungs	
	Dub Dub		Easy Easy		Slow
	Thud Thud		Ow Ow		Medium
	Thump Thump		Burn Burn		Fast
	Boom Boom		Ouch Ouch		Very Fast