

# Developing a Central Idea

## What is a Central Idea?

A statement that ...

- is an enduring understanding.
- relates and connects concepts.
- transfers through time and across cultures.

## How do you develop a Central Idea?

1. Look at the content of your topic and ask yourself what deeper ideas do you think you will learn about. These are the concepts.
2. Record the concepts on a concept web. Try to use only one or two words for each.
3. Link related concepts on the web.
4. Use the linked concepts to make a statement that is an enduring understanding.

Our issue is...

**CONCEPT WEB:** Use *Inspiration* or the space below.

After doing some preliminary research, web all the concepts connected to your topic that you can find. Use the space below.



<p><b>STEP 5: CONCEPTUAL UNDERSTANDING</b></p> <p>How can the understanding goals be written as a single statement?</p>	<p>Attack and defence in invasion games requires collaboration and effective use of space and movement.</p>
<p><b>STEP 4: CONCEPTS</b></p> <p>What concepts are the focus for the unit?</p>	<ul style="list-style-type: none"> <li>• attack and defence</li> <li>• collaboration</li> <li>• space</li> <li>• movement</li> </ul>
<p><b>STEP 3: UNDERSTANDING GOALS</b></p> <p>What 3–4 things should students understand by the end of the unit?</p>	<p>Students will understand ...</p> <ul style="list-style-type: none"> <li>• the role of attack and defence in invasion games</li> <li>• how to effectively use space in invasion games</li> <li>• the role of movement in invasion games</li> <li>• how to work as a collaborative team</li> </ul>
<p><b>STEP 2: ASK</b></p> <p>Why is the unit compelling? Why is the unit significant? Why is the unit intriguing?</p>	<ul style="list-style-type: none"> <li>• The unit is compelling because utilising attack and defence requires an understanding of space, movement and team-building.</li> <li>• The unit is significant because attack and defence are significant skills in team sports.</li> <li>• The unit is intriguing because success in sports requires cooperation and teamwork.</li> </ul>
<p><b>STEP 1: CONTENT</b></p> <p>What is the content to be explored in the unit?</p>	<p>Australian Curriculum: Health and Physical Education Years 5 and 6</p> <ul style="list-style-type: none"> <li>• Propose and apply movement concepts and strategies with and without equipment (ACPMPO63) <ul style="list-style-type: none"> <li>• demonstrating defensive and offensive play in modified games</li> <li>• proposing and applying movement concepts and strategies to perform movement sequences at different levels using different types of equipment</li> <li>• proposing and applying movement concepts and strategies to safely traverse a natural environment</li> </ul> </li> </ul>

Table 2.5 Case study 2: Health and physical education unit for Years 5 and 6